

Policy Title and Number:

Oral Hygiene policy

Policy reference number – JIC 088

Legislation that informs this policy

The policy has been developed in line with current national guidance of good practice and legislation.

The purpose of this guidance is to update the infection prevention control aspects of supervised toothbrushing programmes. It seeks to manage any public health risk arising from the COVID-19 pandemic against the significant oral health improvement benefits of daily supervised toothbrushing.

*Just Imagine Day Nursery – Canvey Island* aims to support children's care and welfare on a daily basis in line with their individual needs. We aim to work along side our families for the best possible all around care including the importance of oral hygiene.

We are working towards our children to gain a greater understanding of themselves when doing care routines, we are implementing oral hygiene to our day to day activities, we are doing this by setting up different activities for the children to engage with and learn through their play how important it is to brush their teeth.

We have noticed a lot of our parents don't have an understanding of when their child should go to the dentist or start brushing their teeth, to help with this we are working with parents and also the local health visitor to ensure all parents have signed their child up to the dentist as early intervention is always best, we are giving parents further information which include all around advice on how to avoid unhygienic oral health. We have posters up around the nursery for both staff members, parents and even children to refer back to and understand fully the importance of implementation.

We are also following the national food wheel providing healthy balanced meals along with a no juice policy to help reduce the sugar intake of the children in our care. We also ensure that the children are given water breaks throughout the day to rinse the pallet and keep hydrated.

Reviewed on: 03/11/2021

Next Review: 03/11/2022